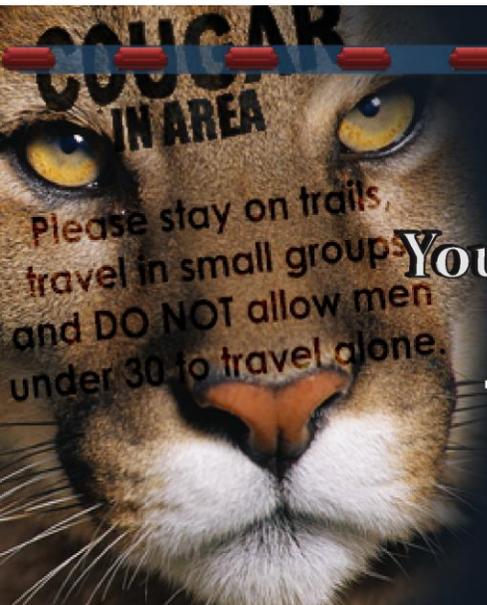


#51

# Younger Men, Older Women... Cougars Hunting!



This Week's Topic

## Younger Men, Older Women... Cougars Hunting!



Tuesday, Aug. 11th @ 5:30pm cst  
[onthecouchwithdrkay.com](http://onthecouchwithdrkay.com)



YouTube

*How do YOU feel about  
"Cougars" getting with  
young "cubs?"*

## How many cougars and "manthers" are getting cubs?

(2013 U.S. Census Bureau Current Population Survey) "Married Couple Family Groups, By Presence Of Own Children Under 18, And Age, Earnings, Education, And Race And Hispanic Origin Of Both Spouses" [\[Source\]](#)

All Married Couples	All Married Couples		Without Own Children Under 18		With Own Children Under 18	
	N	%	N	%	N	%
<b>ALL MARRIED COUPLES</b>	61,295	100.0	36,618	100.0	24,677	100.0
<b>AGE OF HUSBAND</b>						
Under 20 years	46	0.1	33	0.1	13	0.1
20-24 years	859	1.4	382	1.0	477	1.9
25-29 years	3,002	4.9	1,202	3.3	1,800	7.3
30-34 years	5,226	8.5	1,449	4.0	3,777	15.3
35-39 years	5,703	9.3	1,046	2.9	4,657	18.9
40-44 years	6,460	10.5	1,282	3.5	5,177	21.0
45-49 years	6,616	10.8	2,376	6.5	4,240	17.2
50-54 years	7,056	11.5	4,360	11.9	2,696	10.9
55-64 years	12,558	20.5	11,013	30.1	1,546	6.3
65-74 years	8,695	14.2	8,478	23.2	217	0.9
75+ years	5,075	8.3	4,997	13.6	78	0.3
<b>AGE OF WIFE</b>						
Under 20 years	83	0.1	43	0.1	40	0.2
20-24 years	1,414	2.3	614	1.7	800	3.2
25-29 years	4,151	6.8	1,525	4.2	2,626	10.6
30-34 years	5,905	9.6	1,354	3.7	4,551	18.4
35-39 years	6,003	9.8	918	2.5	5,085	20.6
40-44 years	6,685	10.9	1,547	4.2	5,139	20.8
45-49 years	6,881	11.2	3,048	8.3	3,833	15.5
50-54 years	7,128	11.6	5,314	14.5	1,814	7.3
55-64 years	12,296	20.1	11,645	31.8	652	2.6
65-74 years	7,237	11.8	7,147	19.5	90	0.4
75+ years	3,511	5.7	3,463	9.5	47	0.2
<b>AGE DIFFERENCE</b>						
..Husband 20+ years older than wife	607	1.0	376	1.0	231	0.9
..Husband 15-19 years older than wife	967	1.6	591	1.6	376	1.5
..Husband 10-14 years older than wife	2,938	4.8	1,748	4.8	1,189	4.8
..Husband 6-9 years older than wife	7,085	11.6	4,155	11.3	2,930	11.9
..Husband 4-5 years older than wife	8,172	13.3	4,915	13.4	3,257	13.2
..Husband 2-3 years older than wife	12,529	20.4	7,442	20.3	5,087	20.6
..Husband and wife within 1 year	20,327	33.2	12,022	32.8	8,306	33.7
..Wife 2-3 years older than husband	3,984	6.5	2,272	6.2	1,711	6.9
..Wife 4-5 years older than husband	1,998	3.3	1,264	3.5	733	3.0
..Wife 6-9 years older than husband	1,667	2.7	1,081	3.0	586	2.4
..Wife 10-14 years older than husband	634	1.0	466	1.3	168	0.7
..Wife 15-19 years older than husband	176	0.3	132	0.4	44	0.2
..Wife 20+ years older than husband	211	0.3	154	0.4	57	0.2

## How do relationships fare when there is a considerable age difference between partners?

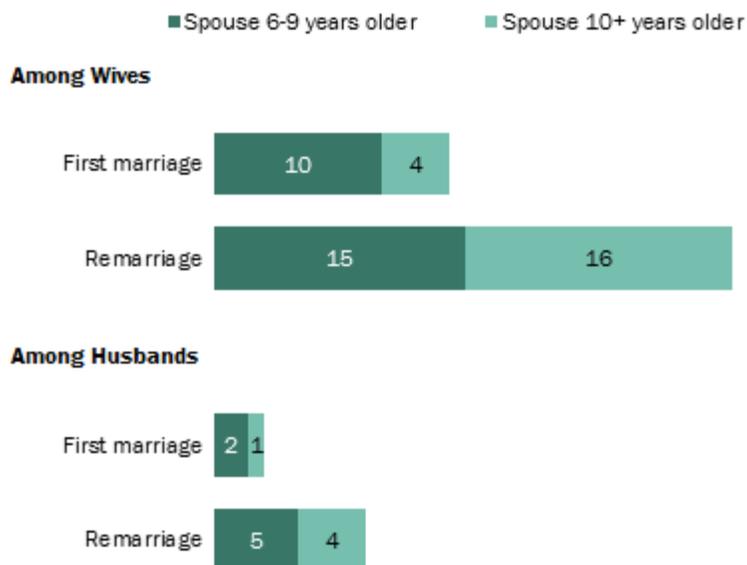
Andrew Francis and Hugo Mialon, professors in the Department of Economics at Emory University, found that a larger age gap is related to a higher divorce rate in a recent study of 3,000 people. A five-year age gap statistically means you're 18 percent more likely to divorce (versus just 3 percent with a 1-year age difference), and that rate rises to 39 percent for a 10-year age difference and 95 percent for a 20-year age gap. [\[Source\]](#)

Data gathered by the Pew Research Center found that age differences among couples are "far more prevalent among remarried couples than among those who are marrying for the first time." [\[Source\]](#)

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### Among Remarried Adults, More Age Differences

*% of new marriages, by age difference of spouses*



Note: Couples with age differences of five years or less not shown. A first marriage is one in which neither spouse has been previously married. A remarriage includes at least one spouse who has been married before. Based on marriages that began in the past 12 months. Based on couples, not individuals, where at least one spouse is age 18 or older.

Source: Pew Research Center analysis of 2013 American Community Survey (1% IPUMS)

PEW RESEARCH CENTER

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## Reasons Why Men Date Older Women

A writer for Time asked fifteen straight, unmarried men in their 20s, 30s, 40s, and 50s why they prefer dating women over 30. [\[Source\]](#)

### Men in their 20s date women over 30 because:

“They understand better how to interact in a relationship.”

— José Fernández, 24 (*single*)

“I appreciate the grace and expression of slightly older women. Certain facial features, like smile lines, can be charming.”

— Niv, 25 (*single*)

“They know what they want. There is more of an end game. So if you meet their criteria, they’re good.”

— Billy, 27 (*has a girlfriend*)

“I think women in their 30s are in their prime. Sexual maturity, the way that they carry themselves — for me something about it screams woman.”

— Alex Sanza, 28 (*single*)

“They are more stable.”

— Solomon, 29 (*just started seeing someone over 30*)

### While men in their 30s say:

“Generally more expert at the multisensory/theatrical aspects of the whole dance.”

— Anonymous, 30 (*single*)

“Much better sex”

— Anonymous, 32 (*actively dating*)

“When I was in my 20s, I was drawn to older women because it gave me a certain level of confidence because she was established. She’s not as needy.”

— Peter Bailey, 34 (*“not married”*)

“More nurturing.”

— Percy Baldonado, 38 (*single*)

### Men in their 40s add:

“Women over 30 have stopped putting metal through their lips and tongues which makes it easier to kiss them. And they’ve figured out their makeup routine so they won’t keep you waiting as long when you’re trying to get to an event.”

— Anonymous, 49 (*seeing someone*)

“Age has never really played a role in who I date ... I have dated my own age, younger than me, and older. What it comes down to is, I like this girl, she’s cute, and I’d like to see her again.”

— Chris Dinneen, 41 (*in a relationship*)

“I always liked somewhat older women for their maturity, self-confidence and poise, finding those qualities quite attractive and usually absent in younger girls.”

— Daren, 45 (in a long-term relationship)

### **And men in their 50s prefer women over 30 because:**

“We have similar life experiences and similar pop culture references. It’s a little more comfortable.”

— David, 50 (seeing someone, not exclusive)

“Given that I’m 52, I can’t really relate to dating someone in her 20s — too much of an age difference.”

— Patrick, 52 (single)

## **Is there an advantage or disadvantage for older women to date younger men?**

Various sources report that there are advantages and disadvantages for older women who date younger men. [\[Source 1\]](#)

### **Lifespan is Shortened When Hooking Up with a Younger Guy** [\[Source 2\]](#)

- “According to a 2010 study conducted by the Max Planck Institute for Demographic Research in Rostock, Germany, if a woman has a partner who is seven years younger than her, she has 20 percent chance of dying earlier. Researchers believe that women who stray from social norms have to deal with “social sanctions.” That means women who date younger guys get stressed out from the criticism they have to deal with about their relationship, so that stress puts a decrease on their quality of life. The study was based off statistics of two million Danish couples. On the flip side, they found that men who marry younger women actually lived longer.”

### **Boosts Self-Esteem**

- “According to Maria Avgitidis, owner of NYC-based matchmaking service, Agape Match, ‘You will not see the same benefits — from an evolutionary standpoint — as older men experience when dating younger women. But dating younger men can do wonders on a woman's self-esteem. While older men distract themselves looking for younger partners, older women have the time and experience to really mold the kind of relationship they are looking for with a younger partner, who is usually more than willing to gain these kind of experiences. Plus, the benefit of being with a young man and his \*ahem\* stamina... that's certainly a bonus!’”

### **Sexual Health Risks** [\[Source 3\]](#)

- “In a study published earlier this year in the Journal of Primary Health Care, New Zealand women between the ages of 40 and 69 who regularly engaged in casual sex were found to be ‘surprisingly blasé’ about STIs. In fact, the study found that women were not only ‘ill-informed’ but also “vulnerable” when it came to the subject of their sexual health. The researchers concluded that cougar-aged women on the hunt may have received their sexual assertiveness from alcohol rather than self-confidence.”

## **Better Sex**

- “A 2010 University of Texas-Austin study published in *Personality and Individual Differences* found that as a woman’s fertility decreases, her sexual activity increases. According to the study, women with lower fertility were more likely to have frequent sexual fantasies, have more of an active sex life and were much more willing to have a one-night stand and casual sex.”