

#29 Bully Proof Yourself and Your Children (Stats & Facts)

Episode Description This week's topic: Bully-proof yourself! Bully-proof your kid! Join me with the cast of the new movie "TIME"- by Tony Pacasso as we tackle the issue of dealing with school, workplace and life's BULLIES!

Focus of Research

Number of people who are bullied nationally by age and gender.

Number of people who reported being bullies nationally by age and gender.

Types of bullying.

Laws or legislation concerning bullying.

Incidents or shootings resulting from bullying.

School Bullying

CDC defines bullying as **any unwanted aggressive behavior(s) by another youth or group of youths** who are not siblings or current dating partners **that involves an observed or perceived power imbalance and is repeated multiple times or is high likely to be repeated.** It can include aggressive that is physical, verbal, or relational/social. It can also occur through technology (cyberbullying).

- Some factors associated with a higher likelihood of engaging in bullying behavior include the following:
 - Externalizing problems such as defiant and disruptive behavior
 - Harsh parenting by caregivers
 - Attitudes accepting of violence
- Some factors associated with a higher likelihood of victimization include the following:
 - Poor peer relationships
 - Low self-esteem
 - Perceived by peers as different or quiet

Source: http://www.cdc.gov/violenceprevention/pdf/bullying_factsheet.pdf

According to the results from a 2011 school crime supplement to the national crime victimization survey, **nearly 1 in 3 students (27.8%)** report being bullied during the school year.

Source: <http://nces.ed.gov/pubs2013/2013329.pdf>

According to Nansel et al., 2001, 13% of a nationally representative sample of adolescents reported being a bully and 6% reported being both a bully and a victim of bullying. (Of course this is somewhat old information; so that percentage could be higher based on a number of factors such as the increase in bullying activity.)

Source: [\(Nansel et al., 2001\) Bullying Behaviors Among US Youth: Prevalence and Association With Psychosocial Adjustment](#)

National Center for Education Statistics		
Table 1.1 Number and percentage distribution of students ages 12 through 18 who reported being bullied at school and cyber-bullied anywhere, by type of bullying or cyber-bullying: School year 2010–11		
Type of bullying	Number of students	Percent of students
Total bullied or not bullied	24,456,000	100.0
Bullied	6,809,000	27.8
Made fun of, called names, or insulted	4,303,000	17.6
Subject of rumors	4,469,000	18.3
Threatened with harm	1,232,000	5.0
Pushed, shoved, tripped, or spit on	1,923,000	7.9
Tried to make do things they did not want to do	804,000	3.3
Excluded from activities on purpose	1,355,000	5.5
Property destroyed on purpose	689,000	2.8
Not bullied	17,647,000	72.2
Total cyber-bullied or not cyber-bullied	24,411,000	100.0
Cyber-bullied	2,198,000	9.0
Hurtful information on Internet	884,000	3.6
Purposely shared private information ¹	263,000	1.1
Unwanted contact via e-mail	454,000	1.9
Unwanted contact via instant messaging	659,000	2.7
Unwanted contact via text messaging	1,073,000	4.4
Unwanted contact via online gaming	356,000	1.5
Purposeful exclusion from an online community	286,000	1.2
Not cyber-bullied	22,212,000	91.0

¹ This question is new in the 2010–11 survey.

NOTE: For bullying, "at school" includes the school building, school property, school bus, or going to and from school. Bullying and cyber-bullying types sum to more than totals because students could have experienced more than one type of bullying or cyber-bullying. Detail does not sum to total population of students because of rounding and missing data. The population size for all students ages 12–18 is 24,690,000.

SOURCE: U.S. Department of Justice, Bureau of Justice Statistics, School Crime Supplement (SCS) to the National Crime Victimization Survey (NCVS), 2011.

Table 2.3 Number and percentage distribution of students ages 12 through 18 who reported being bullied at school, by the frequency of bullying, whether an adult was notified, whether the student was injured, and selected student characteristics: School year 2010–11

Student characteristic	Number of students	Not bullied	Bullied	Among bullied students					Student was injured ²
				Percentage distribution of the frequency of bullying ¹				Adult was notified	
				Once or twice in the school year	Once or twice a month	Once or twice a week	Almost every day		
Total bullied or not bullied	24,456,000	72.2	27.8	64.5	18.5	9.2	7.8	39.5	6.0
Sex									
Male	12,610,000	75.5	24.5	62.4	19.4	10.0	8.2	39.4	7.7
Female	11,846,000	68.6	31.4	66.2	17.7	8.6	7.5	39.7	4.6
Race/ethnicity³									
White, not Hispanic or Latino	13,755,000	68.5	31.5	62.6	20.5	10.0	7.0	38.5	5.7
Black, not Hispanic or Latino	3,605,000	72.8	27.2	68.3	12.9	7.5	11.3	46.4	5.5 !
Hispanic or Latino	5,301,000	78.1	21.9	65.9	16.1	8.6	9.5	39.0	6.9
Asian, not Hispanic or Latino	935,000	85.1	14.9	66.5	16.6 !	16.8 !	#	24.4 !	‡
All other races, not Hispanic or Latino	861,000	76.3	23.7	77.7	18.4	#	‡	42.3	11.7 !
Grade⁴									
6th	2,156,000	63.0	37.0	64.6	15.2	15.3	4.9 !	57.9	8.3
7th	3,726,000	69.7	30.3	57.0	21.2	8.2	13.6	51.5	10.9
8th	3,786,000	69.3	30.7	60.4	22.5	9.3	7.8	39.6	7.7
9th	3,827,000	73.5	26.5	69.5	13.6	10.6	6.3	42.9	4.6
10th	3,847,000	72.0	28.0	61.3	20.1	10.5	8.1	26.3	3.9 !
11th	3,541,000	76.2	23.8	68.3	21.1	5.8 !	4.9 !	29.7	‡
12th	3,573,000	78.0	22.0	75.2	13.5	4.4 !	7.0 !	28.2	4.1 !
Household income									
Less than \$7,500	733,000	69.4	30.6	53.1	14.2 !	9.2 !	23.5	49.2	7.3 !
\$7,500–14,999	1,103,000	69.2	30.8	62.8	6.9 !	13.1 !	17.2	57.7	16.4
\$15,000–24,999	1,979,000	73.9	26.1	64.3	20.7	8.7	6.4 !	41.0	9.1
\$25,000–34,999	1,989,000	71.3	28.7	64.6	13.4	7.9	14.0	38.8	8.1 !
\$35,000–49,999	3,032,000	69.0	31.0	63.6	16.6	10.1	9.8	39.7	5.1 !
\$50,000 or more	10,595,000	71.8	28.2	64.7	21.1	9.1	5.0	37.5	5.0

Rounds to zero.

! Interpret data with caution. The standard error for this estimate is 30 to 50 percent of the estimate's value.

‡ Reporting standards not met. The standard error for this estimate is equal to 50 percent or more of the estimate's value.

¹ Students who responded "don't know" when asked about the frequency of bullying are treated as missing in calculating frequencies.

² Injury includes bruises or swelling; cuts, scratches, or scrapes; black eye or bloody nose; teeth chipped or knocked out; broken bones or internal injuries; knocked unconscious; or other injuries. Only students who reported they were pushed, shoved, tripped, or spit on were asked if they suffered injuries as a result of the incident.

³ Respondents who identified themselves as being of Hispanic or Latino origin were classified as "Hispanic or Latino" regardless of their race. "Black, not Hispanic or Latino" includes African Americans. "All other races, not Hispanic or Latino" includes Native Hawaiians or Other Pacific Islanders, American Indians or Alaska Natives, and respondents of two or more races (3 percent of all respondents).

⁴ The School Crime Supplement sample includes students ages 12–18 and, therefore, might not be representative of students in 6th grade. Comparisons between students in 6th grade and those in other grades should be made with caution.

NOTE: "Bullied" includes students being made fun of, called names, or insulted; being the subject of rumors; being threatened with harm; being pushed, shoved, tripped, or spit on; being pressured into doing things they did not want to do; being excluded from activities on purpose; and having property destroyed on purpose. "At school" includes the school building, school property, school bus, or going to and from school. Missing data are not shown for household income. Estimates are reported for 24,456,000 students for whom data on bullying are available. Detail may not sum to totals because of rounding and missing data. Population size for students ages 12–18 is 24,690,000.

SOURCE: U.S. Department of Justice, Bureau of Justice Statistics, School Crime Supplement (SCS) to the National Crime Victimization Survey (NCVS), 2011.

Table 2.1 Number and percentage distribution of students ages 12 through 18 who reported being bullied at school, by location of bullying and selected student characteristics: School year 2010–11

Student characteristic	Number of students	Not bullied	Bullied	Among bullied students: Location of bullying						
				In a class-room	In a hallway or stairwell	In a bathroom/locker room	Cafeteria at school	Outside on school grounds	School bus	Somewhere else at school
Total bullied or not bullied	24,456,000	72.2	27.8	32.8	45.6	11.0	8.6	22.1	7.4	1.9
Sex										
Male	12,610,000	75.5	24.5	30.8	44.0	13.2	8.1	23.1	8.2	1.7 !
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Asian, not Hispanic or Latino	935,000	85.1	14.9	19.3 !	44.4	‡	‡	30.3	‡	#
All other races, not Hispanic or Latino	861,000	76.3	23.7	30.2	47.1	10.0 !	8.9 !	32.1	1.7	#
Grade²										
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Workplace Bullying

Workplace bullying is equated with abusive conduct and is defined as “repeated mistreatment; abusive conduct that is: threatening, humiliating, or intimidating, work sabotage, or verbal abuse.”

- According to the 2014 WBI (Workplace Bullying Institute) US Workplace Bullying Survey, 27% employees have current or past direct experience with abusive conduct at work; 21% have witnessed abusive conduct at work; and 72% are aware that workplace bullying happens.
- The number of US workers affected by bullying – those with direct bullying and witnessing experiences – is 65.6 million.

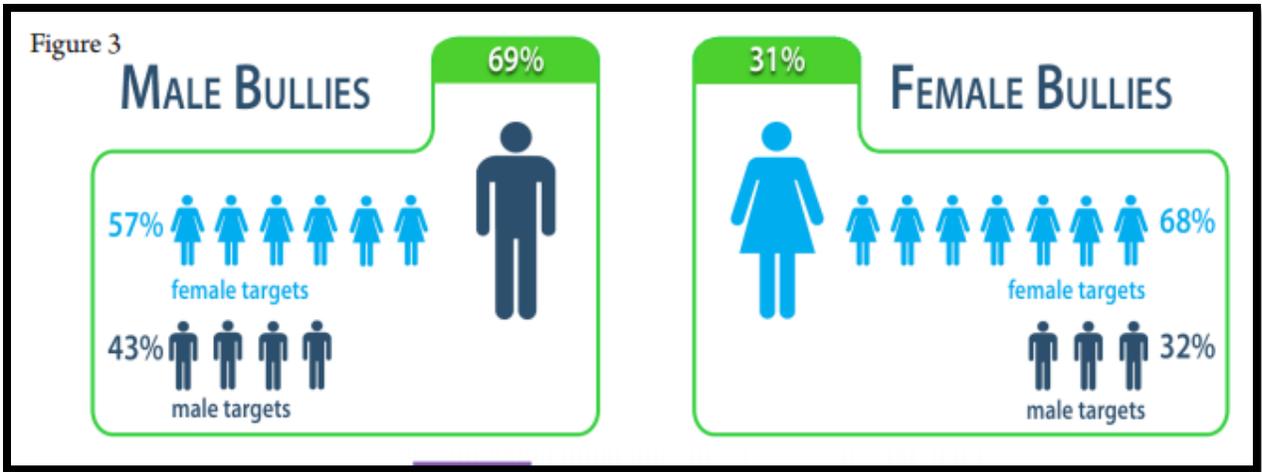
GENDER AND THE BULLYING EXPERIENCE

**69% of bullies are men; 60% of bullied targets are women;
women bullies choose women targets 68% of the time**

Question: Think of the perpetrator and target of repeated abusive mistreatment at work. What as the gender of each?

Table 3

Gender	Proportion	Percentage
Male perpetrators	.6851	69%
Male perpetrator: Female target	.5672	57%
Male perpetrator: Male target	.4328	43%
Female perpetrators	.3149	31%
Female perpetrator: Female target	.6753	68%
Female perpetrator: Male target	.3247	32%
Female Targets	.6012	60%
Male Targets	.3988	40%



RACE AND THE BULLYING EXPERIENCE

Below are the percentages within each ethnic group that had been bullied, witnessed it and the combined percentage to

Table 7

Race	Direct	Witness	Affected
Hispanic	32.5%	24.4%	56.9%
African American	33.0%	21.1%	54.1%
Asian	33.3%	19.4%	52.8%
White	24.1%	20.2%	44.3%

Source: [2014 WBI US Workplace Bullying Survey \(PDF\)](#)

