

#25 Raise Your Self-Esteem and Realize Your Dream (Stats & Facts)

Episode Description: Raise your self-esteem and follow your dream! What is a dream you want to pursue?

Information Researched

Percentage of people who are satisfied with their jobs.

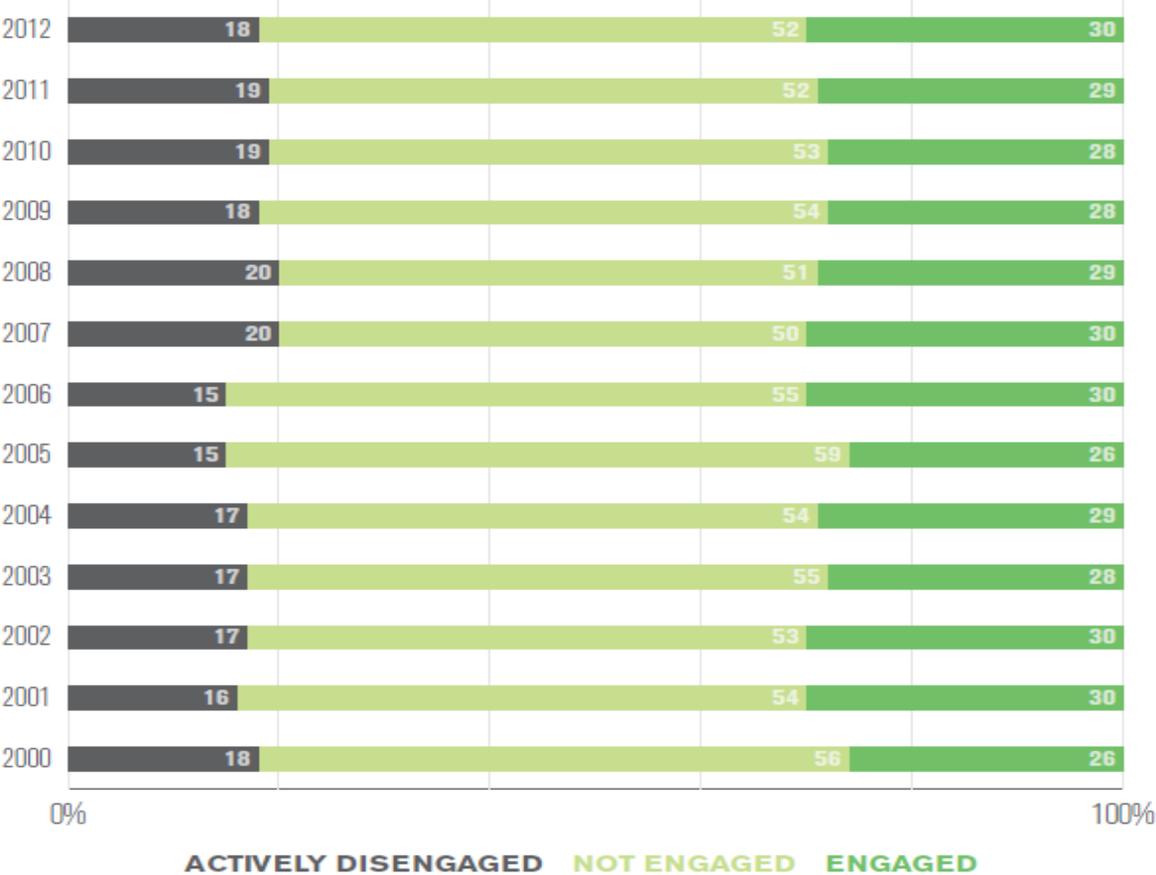
Percentage of people who are working in areas they studied for in college.

Percentage of people switching careers each year.

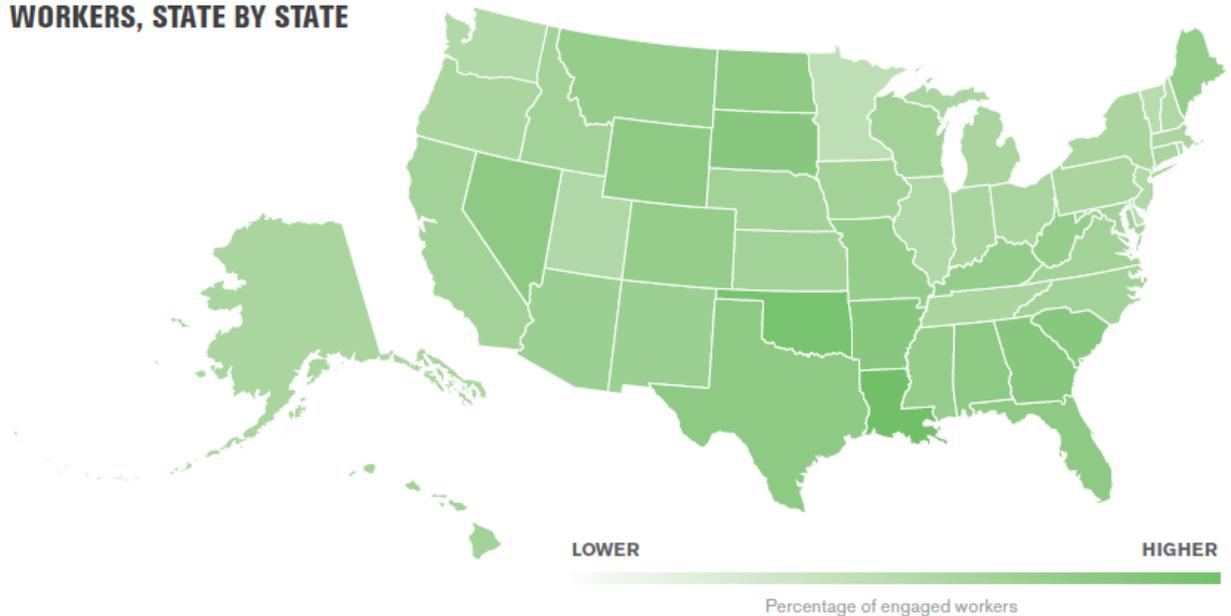
Job Satisfaction

- Definitions
 - Engaged employees: those who are involved in, enthusiastic about and committed to their work and contribute to their organization in a positive manner.
- According to a report by Gallup, 28% of American employees were engaged. By the end of 2012 that number rose slightly to 30%, indicating that “70% of American workers are ‘not engaged’ or ‘actively disengaged’ and are emotionally disconnected from their workplaces and less likely to be productive.”
 - Of the 70% “not engaged” and “actively disengaged,”
 - 52% are not engaged
 - 18% are actively disengaged
 - According to Gallup, the actively disengaged employees are more likely to steal from their companies, negatively influence their coworkers, miss workdays, and drive customers away.

EMPLOYEE ENGAGEMENT AMONG THE U.S. WORKING POPULATION



ENGAGEMENT AMONG WORKERS, STATE BY STATE



“Louisiana leads the country with the highest percentage of engaged workers, at 37%, followed closely by Oklahoma at 36%. South Dakota, Georgia, Arkansas, and South Carolina each have 34% of engaged workers. Thirty-three percent of workers are engaged in Texas, Nevada, Wyoming, Alabama, North Dakota, and Florida. At the far end of the range is Minnesota, which has the lowest number of engaged workers, at 26%.”

“Gallup found that at the opposite end of the engagement spectrum, more than one in five (21%) workers in Rhode Island are actively disengaged, as are 20% of employees in New Jersey, Connecticut, Pennsylvania, New York, Michigan, Vermont, Kentucky, and Illinois. When looking at the range of actively disengaged employees, Idaho had the lowest percentage of this type of worker, at 14%.”

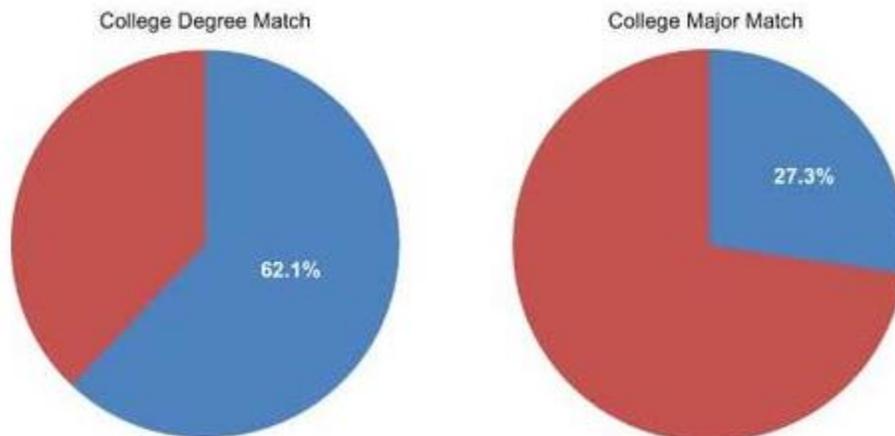
Source: [Gallup Report: State of the American Workplace](#)

Jobs and College Majors: How Do They Match Up?

The following information comes from a staff report by the Federal Reserve Bank of New York in 2012:

- Approximately 27% of college graduates had a job that was closely related to their major. People holding graduate degrees were excluded from this percentage.

Share of College Graduates Working in a Job Requiring a College Degree or Related to Their College Major



Source: U.S. Bureau of the Census, 2010 American Community Survey; authors' calculations.
Note: Individuals with graduate degrees are not included in the calculation of college major matching because the information available on majors relates to the undergraduate degree.

The full report can be found [here](#).

Source: [Washington Post: Only 27 percent of college grads have a job related to their major](#)

Job Hopping

The average worker today remains at his or her job for approximately **4.4 years** according to data from the Bureau of Labor Statistics. The average decreases for millennials who are expected to remain in a job for less than three years.

Source: [Job Hopping Is the 'New Normal' for Millennials](#)